

Parent Information Sheet and Checklist
For P.A.N.D.A. Camp
KEEP THIS SHEET!

DATE OF CAMP: _____

Departure and Arrival times:

1. For the Ohio Family Foundation, the Friday of camp, please arrive at Tri-County Plaza no later than 8:15am, the busses will be leaving promptly at 9:00 am **OR For Camp Muskingum**, the Friday of camp, please arrive at Tri-County Plaza no later than 7:45 a.m. the busses will be leaving promptly at 8:15 a.m.

2. The Sunday of camp, please plan to arrive at Tri-County Plaza at 2:45 p.m. The busses should be arriving between 3:00-3:30 p.m.

3. Any parent picking up a student early from camp must notify Prevention Coordinator at (330) 315-2689 the Wednesday before camp. She will be at camp on the Thursday before camp starts.

Emergency Contact Number: (330) 996-5114

- 1.. This is the 24-hour emergency phone number at RAMAR. Call and leave a message.
2. RAMAR will contact the Prevention Coordinator, at camp. She will call RAMAR for the message and return your call.

Security:

1. Males and females in separate dorms.
2. Staff sleeps in dorms with participants.
3. Staff on night watch from 11:30 p.m. until 5:30 a.m.
4. All visitors to camp are to be pre-approved by the coordinator prior to camp. Anyone not pre-approved will be asked to leave.

Checklist

- Read and signed the camp application/medical form and the what to bring/rules sheet.
- Made note of any allergies, medications, or other medical conditions on the medical form.
- Medication to be sent with child is clearly labeled with their name and dosage, upon arrival at camp it must be immediately turned in to the camp nurse.
- Made the \$100.00 camp tuition fee payment (if applicable), if a personal check was written make sure your child's first and last name are printed on the check in the memo section.

**If you have questions concerning the program please contact
Lauren Bush (330) 315-2689 otherwise please direct all general questions to your child's Panda Advisor,
located in their middle school.**

What to bring to P.A.N.D.A. Camp

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1. **Sleeping Bag**, or sheets and a blank, **and a pillow** (it's camp -- not a hotel).
2. **Comfortable clothes** (appropriate for weather conditions, and only enough for one weekend, 2 days & 2 nights, not a tour to Europe). **2 pairs of tennis shoes.** Shower shoes or flip flops only to be worn for showering. **Flip flops and Shower shoes are not permitted to be worn as everyday shoes at camp.**
3. **1 Carry -on sized luggage**, filled with your 2 days & 2 nights worth of clothes (remember that one whole entire outfit will be worn down to camp!) Luggage that exceeds this limit will not be permitted on to the bus, so please pack wisely.
4. **Personal care items** - toothbrush/paste; towels/washcloth; soap/shampoo; deodorant; sanitary supplies.
5. **Necessities: Umbrella or Poncho** (for inclement weather), **Flashlight**, **Coat/Jacket** (and other appropriate attire for cold damp weather) **Watch for local weather reports before you pack!!!**
6. **Camera** (with your name and school printed on it in ink).
7. **Pen/pencil**
8. **Change or dollar bills for the pop machine *No more than \$10*** (we do not provide change!)
9. **Medication(s)**, with instructions, to be given immediately to the nurse upon arrival
10. ***A positive attitude and a willingness to learn!*** 😊

What *not* to bring to P.A.N.D.A. Camp

1. **Tobacco, alcohol or other drugs*** (*unless prescribed by a doctor and left with the nurse upon arrival). These items will be confiscated and not returned, and result in immediate dismissal with no refund of camp fee. Parent will be phoned immediately to arrange transportation home.
2. **Weapons of any type (pocket knives, guns (including water guns))** *These items will be confiscated and not returned, and result in immediate dismissal with no refund of camp fee. Parents will be phoned immediately to arrange transportation home.
3. **Negative attitudes, rudeness, foul language, an unwillingness to participate or aggressive behaviors.** *Such behaviors could result in immediate dismissal with no refund of camp fee. Parents will be notified to arrange transportation home.
4. **Inappropriate Attire: Short shorts, mini-skirts, spaghetti Strap Tank Tops, See-Thru Tops, Halter Tops, Heels of Any Kind, Flip flops, and Band T-Shirts. Remember the 6 B's (No Breasts, Bellies, Boxers, Briefs, Backs, and Bras)** If we can see any of those body parts or undergarments, staff will ask you to change. If you do bring any of these items you will not be allowed to wear them, you will be asked to change immediately. And if all else fails you may wear the hand-me-downs that the Camp Coordinator will provide for you, but believe me these are not the highest of fashion garments!
5. **Please do not bring headsets, boom boxes, pagers or cell phones.** These items are not necessary at camp and are too expensive to be left in the dorms. CHC/Camp Muskingum will not be responsible for lost or stolen items.
6. **Please do not bring any food or drinks.**
7. **Please do not bring any money except for the pop machine.**

Rules and Expectations for P.A.N.D.A. Camp

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1. Attend and actively participate in all scheduled events and activities throughout the weekend.
2. Be courteous and respectful to all volunteer staff, both adult and youth.
3. Respect the rights of others and their belongings (no put-downs, aggressive behavior, or stealing).
4. Maintain the grounds and facilities of Camp (no littering or graffiti on the buildings).
5. Follow dorm rules.
6. Wear nametag around your neck at all times, to ensure proper identification.
7. Do not leave camp or operate motorized vehicles.
8. No use of alcohol, tobacco, or other drugs (unless prescribed by a doctor).

Emergency & Early Release Information For Parents

Emergency:

Lauren Bush - Prevention Coordinator * I can be reached by phoning RAMAR and leaving your name and number with the staff on duty. Who will in turn contact me at camp so that I may phone you. Otherwise I have all of the participants' emergency information on site with me in case the parent needs to be notified.

RAMAR # (330) 996-5114

Ask for the receptionist or RCM (Residential Case Manager) on Duty

Early Release:

Any parent that wishes to pick their child up from camp can do so **ONLY THROUGH THE PANDA CAMP COORDINATOR**. This is to insure the safety of the child. Therefore, in the sake of preparation, please contact the PANDA program Coordinator one-week prior to camp in order to make arrangements. This is also so you can receive maps and directions, and we can coordinate pick up time for release of your child. Once arrangements have been made, and camp is in session, you may pick up your child when you check in with the PANDA Camp Coordinator and filled out the early exit release form for non-emergency releases. *The child will not be released from camp until then.* ☺

Emergency arrangements are acceptable while camp is in session, but please be mindful that the staff and I are responsible of up to 150 students during camp and their safety and well-being is our number one concern.

PANDA Directions

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Tri-County Plaza:

(Bus drop off, Friday Morning, & pick up, Sunday Afternoon)

- * I-77 South
- * 76 East/224 East to Canton Road
- * Turn Right.
- * Tri-County Plaza is on the right, before Sanitarium Road.
- * Behind the First Merit Bank: (1502 Canton Rd, Akron, OH)

RAMAR: 380 South Portage Path, Akron

(This is where you will find your child if not picked up by 4:30pm on Sunday)

From the West:

- * I-77 exit at Copley Road, go east to South Portage Path.
- * Turn left; RAMAR is on the left hand side.

From Downtown, North and East Akron:

Take Exchange Street west to South Portage Path.

- * Turn left; RAMAR is on the right hand side.